

## Health Procedures – Nappy Changing



Before you start your nappy change you will need to have your PPE on so that you are ready to start.

Take time and ask the child if they are ready to have their nappy changed, if they are not happy ask if they would prefer another member of staff. And swap accordingly.

New staff are not to be left unsupervised during intimate care routines. A full induction on how to support children during care routines needs to take place by the room lead and full safeguarding and first aid training must be in place aswell.

- Place the hygiene paper over the changing mat (Your child will lay on this).
- Encourage your child if able, to use the steps to reach the changing mat.
- Once the nappy change is complete please place the soiled nappy into a nappy sack, along with the apron gloves and paper.
- The surface of the mat will need cleaning after EACH use with an anti-bacterial spray, please use a piece of hygiene paper to wipe the area over.
- Place all items in the nappy bin provided.
- Wash your hands after EACH Child.
- Before applying any Nappy cream, please make sure you are aware of any possible allergies.

THE NAPPY BIN NEEDS TO BE EMPTIED AT REGULAR INTERVALS (as required)

